

MOPS

Mothers of Preschoolers



**CHRIST
LUTHERAN
CHURCH**
ZIONSVILLE

to the full

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

- John 10:10 NIV -

Topics and Speakers 2019-2020

October: The Enneagram — Scott Quigley

November: Safe Products
Education — Catherine Armington
and Erin Taulman

December: Favorite Things Party
– Everyone bring an item under \$5

January: Making Organizing Fun
with Kids — Kimbra Naber

February: Child/Home First Aid
— Becca Franklin, Pediatric NP

March: Purposeful Living

April: Easter/Lent — Pastor Wes
Smith and Director of Preschool
Kathryn Singer

May: Summer Activities — Various
local businesses and organizations

Coordinator Connection: Living to the Full

Welcome to the 2019-2020 year of MOPS! This is also the 20th year of MOPS at Christ Lutheran Church! To commemorate this milestone, we are celebrating today with cupcakes and introducing our Steering Team with photos of them from 20 years ago. Yes, the years of butterfly clips, low-rise jeans, and choker necklaces.

This year is all about living our lives to the full, while having more fun, fearing less, and finding our people. As moms it's very easy to get lost in our children and families and to start to run on autopilot. This year, we hope to remind you to stop and have fun – let the laundry wait and make memories with your kids! Stop fearing what people might think or say and have faith over fear. Get to know the moms at your table and expand your tribe!

This mommin' business is not for the faint of heart! It's important to take the time to live in the moment and give yourself room to enjoy life. And we all know it's impossible to do alone. We encourage you to text among your tables, attend a Moms' Night Out or Small Group Discussion, and truly find more of your people.

I look forward to walking alongside you this year.

-Julia Goldberg, Coordinator

Notes From Hospitality

Hello, everyone! Welcome to a new year of MOPS! We hope you had an awesome summer. Jodi and I are so excited to spend this year with you.

Thank you to our Steering Team for providing our breakfast this morning. **Abigal Verlinde's table** will be providing breakfast next month. An email reminder will be sent out closer to our Oct. 9 meeting to remind you what you signed up to bring. If you are unable to bring your item or need us to pick it up and bring it for you, please let us know.

SEPTEMBER'S DOOR PRIZE: We donated the door prize this month to kick off our new year of "To the Full." This year, our door prizes will be dependent on donations from spotlight moms. If you have a small business, blog, or any other venture you would like to get the word out about, please let us know! We would love to support moms in this group!

-Katelynn Brack, Hospitality Coordinator

Moms' Night Out

Finished back-to-school shopping? Now it's time to treat yo self! Moms' Night Out will take place in the evening on Sept. 25 at Crazy Daisy Boutique in the village (official time TBA). An invitation will come through your table leader but a formal RSVP is not required — come as you are, stay as long as you want. No pressure to purchase, though purchases are of course welcome and support a local business. Sips and bites will be provided.

-Vanessa Friedman, MNO Coordinator

MOPS Photo Directory Reminders

Please be sure to see Publicity Coordinator Nicky Keith during the meeting today if you need to have your photo taken for our MOPS photo directory. In the past, members have found the directory very helpful when meeting moms and learning and remembering new names and faces. If you have a home-based business and would like to advertise in the directory, please contact Nicky at nicky.lipartito@gmail.com by Sept. 30.

Mark Your Calendar for These Events

September

9/1 Happy Birthday, Danielle Dickison!

9/11 @9:15-11:15 a.m. MOPS September Meeting

9/25 @9:15-10:30 a.m. MOPS Small Group

Discussion: *Small Group is a thoughtful, faith-based discussion and a great way to build relationships with fellow MOPS moms. Childcare is provided.*

(Time TBA) MNO: Crazy Daisy Boutique

9/28 Happy Birthday, Allison Lewandowski!

October

10/9 @9:15-11:15 a.m. MOPS October Meeting: *The Enneagram, Scott Quigley*

10/23 @9:15-10:30 a.m. MOPS Small Group

Discussion: *Missed the September Small Group meeting? You are welcome to drop in anytime!*

Fall is full of many fun family activities! Share your favorites with your table!

Mentor Moment: Count It All Joy

What a wonderful blessing it is for me to help mentor the 2019-2020 season of MOPS as we celebrate 20 years of encouraging moms to live life to its fullest (John 10:10). As I reflect on living life and the daily activities and juggling all the balls we have in the air, I'm reminded of Matthew 11:28 — "Come to me all you who are weary and I will give you rest." To live life to its fullest, we must

not lose our joy. Whether we are facing busyness, health issues, school, work or family challenges, or are just tired, the Lord says to count it all joy. The best way not to lose our joy is to come to The One who will give you rest. So make it a priority to develop a strong prayer life to keep God's heart in all that you do. You have to hide-n-seek before you show-and-tell. Sitting still and resting in the

Lord is not always natural and we don't get patted on the back for a prayer life, but it will prepare you for every activity that you do now and in the future. Live life to its fullest and remember to "pencil in quiet time with God" so that your joy may be full.

Blessings and hugs,
Susan


Meet Our Mentor: Susan Williams


Susan recently retired after serving over 34 years with The Dow Chemical Company. She was blessed with a rewarding career after receiving her degree in Mechanical Engineering from Purdue University. Over her career she held a wide variety of manufacturing, supply chain, and customer service leadership roles in Plastics, Elastomers, Building, and AgroSciences businesses. The last 10 years, Susan was the Director of Operations over numerous global manufacturing facilities learning the cultures, values, and "way to get things done" in North America, Latin America, Europe, and Asia Pacific.

Over the last 35 years, Susan and her husband Eric have had the privilege of participating and serving in many churches over the U.S. from mature churches to plant starts and major building projects. are now developing a "Blessing Exchange" to help those in need with household furnishings and goods. Susan also has a passion for sharing how to be strong and courageous people of God at every opportunity.

Susan loves spending time with her grandchildren (Hunter and Elijah) and two grown girls and their husbands (Emily & Spencer and Abigail & Aaron).

IN OUR PRAYERS

 Prayers for our MOPS moms, that this may be a year we have more fun, fear less, and find our people as we remember to live life to the full!

 Prayers of thanksgiving for all of our caregivers serving in MOPS Kids. May they and our children have a wonderful year!

