

**MOPS**

Mothers of Preschoolers

**CHRIST  
LUTHERAN  
CHURCH**  
ZIONSVILLE

# *to the full*

*The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.*

*- John 10:10 NIV -*

## Coordinator Connection: Offer Grace

Last month I shared about my 3-year-old and this month I'd like to share a little bit about my 5-year-old. We've had a rough go these past few weeks, with him struggling with screen time limits, not following directions, ordering his brother around, and throwing tantrums when he doesn't get his way. Most of this is out of character for him, at least to the extreme that it's been happening. My husband's work schedule is ramping up this time of year so a lot of the discipline is falling on me and my response was to double down on my 5yo.

After a terrible weekend and some good talks with my husband, I realized that the problem was not necessarily all stemming from my 5yo. Brad reminded me that this time of year is rough. As we've also been reminded by his school teachers, the holidays are over, it's still not warm enough to be outside a lot, and the kids are generally stir-crazy. Brad reminded me that our boys just NEED outside play time ... and a little bit of grace. (I mean, don't we all?!)

I recognized in my own self a lack of patience and probably a little seasonal depression with the complete lack of sunshine we've had! So last Sunday I tried something different. Instead of meeting my 5yo's temper with more anger, I met it with goofiness and laughter. Instead of brushing off his boredom, I met it with a trip to the park and a stop to get ice cream for no special reason at all. Then we ate dinner picnic-style in the living room while watching a movie and we read our books all together in one bed.

My heart melted when after leaving the ice cream shop, my 5yo said, "Mommy, I'm having so much fun today." Then at bedtime, instead of a battle, I was met with sweetness and snuggles. My heart melted again when my 5yo was so excited he could hear four books instead of his regular two at bedtime.

Our days have been much better since that one day of reset. So remember to offer a little more grace from time to time when things are rough. Add in some goofiness and treats, lighten the mood of your home, and have some fun with your kids!

-Julia Goldberg, Coordinator

## Notes From Hospitality

Good morning, please thank Kara Seever's table for bringing in a wonderful breakfast for all of us. Take a few minutes to enjoy some food and coffee. Next month we will be having our Easter Brunch. **If your last name starts with K-Z**, please make sure you sign up to bring something. An email reminder will be sent out closer to our April meeting to remind you what you signed up to bring. If you are unable to bring your item or need us to pick it up and bring it for you, please let us know.

-Katelynn Brack and Jodi Kerstiens,  
Hospitality Coordinators

## Care for MOPS Moms

Congratulations are in order for Molly Schumaker and family. They welcomed Theo Gavin on Nov. 22, 2019. Theo weighed 8lb. 7oz. and measured 20.5 in. long. A big MOPS welcome to baby Theo!

Please let your table leader or myself know if you are in need of some MOPS Care TLC.

-Whitnie Bauer, Care Coordinator

## Service Update

The Girls on the Run 5K is at 9:30 a.m. on May 9 at Marian University. Register before April 30 (\$30/adult, \$20/kid) and get an Indy Fuel t-shirt! All registrants get a ticket to an Indy Fuel game! Please be praying for all of the volunteers and runners. Any extra change is also greatly appreciated to help reach our goal to support two girls!

-Erin Taulman, Service Coordinator

## This Month's Speaker: Marianne Miller

Marianne Miller is speaking to us about "Four Common Parenting Traps" this morning.

**About Marianne:** I'm a Midwest girl who loves Jesus, campfires, .99/pound grapes, an organized house, Martha's Vineyard, and nautical stripes.

I'm also a former middle school teacher, parenting instructor, financial counselor with Crown Ministries, and author of *The Gift of Enough*. I love encouraging moms and dads on their parenting journey — which can be extra-challenging in this culture of "perfect" Facebook kids, excessive living, and social pressures to raise "successful" kids. Poke around ([mariannemiller.com](http://mariannemiller.com)) and see what you think.

If you have a specific parenting question ... send me an e-mail. My opinion is free and rooted in God's wisdom and my own personal interactions with four VERY different children and 22 years of ever-changing circumstances.

My mistakes can be YOUR opportunity to learn. The same is true for our kids. When they make mistakes (poor choices) it is simply a chance for us to teach!

## Next Month's Topic and Speaker

At our April meeting, Pastor Wes will speak on "Easter from Mary's Perspective."

Also, please wear old clothes or bring an apron as we will be tie-dying socks for Girls on the Run.

# Mentor Moment: Know Your Purpose

**"I will cry to God Most High, Who accomplishes all things on my behalf [for He completes my purpose in His plan]." -Psalm 57:2**

Good morning beautiful ladies! One of the most important things in life is to know your purpose in every season so that you stay away from depression, anxiety, and stress of trying to be who you were never designed to be. Rest knowing that in every season His purpose can be made clear through His word and He will help you accomplish all things. This could be the season of your most important purpose to raise productive children who can change the world. You don't need to

## IN OUR PRAYERS

☀ Prayers for Catherine Armington, who has been diagnosed with breast cancer and is pregnant with her third child. Please keep her, her baby girl, and her family in your prayers as they navigate this difficult time.

☀ Prayers for the volunteers and runners preparing for Girls on the Run.

design some lofty purpose or grander plan, but rest in who He made you to be ... Someone who loves Him and trusts in Him, who follows His word, is kind to others, doesn't put themselves first, and just shares the love and sunshine of Jesus. When you do that you will definitely accomplish His purpose for your life.

Blessings and hugs,  
Susan

## Mark Your Calendar for These Events

### March

3/4 Happy Birthday, Lauren Siegel!

3/11 @9:15-11:15 a.m. MOPS Meeting: *Marianne Miller, "Four Common Parenting Traps"*

3/21 Happy Birthday, Danielle Norris!

3/25 @9:15-10:30 a.m. MOPS Small Group Discussion: *Missed the previous meetings? You can still drop in anytime! Childcare is provided.*

Happy Birthday, Brittany Gaynor!

3/27 Happy Birthday, Alison Lanie!



### April

4/5 Happy Birthday, Whitnie Bauer!

4/8 @9:15-11:15 a.m. MOPS Meeting: *Pastor Wes, "Easter from Mary's Perspective"*

4/11 @10-11:30 a.m. Easter Egg Hunt: *Bring the family to Christ Lutheran Church for this free event for the entire community, rain or shine! We start off in the sanctuary, where we will read a story about Easter and then the children will be dismissed to go look for the Easter eggs and to talk to the Easter Bunny.*

4/15 Happy Birthday, Kara Seever!

4/16 Happy Birthday, Laura Hartman!

4/22 @9:15-10:30 a.m. MOPS Small Group Discussion

4/24 MNO: *Bingo night, bring your spouse! Details to follow.*

Happy Birthday, Tosha Hahn!

4/25 Happy Birthday, Vanessa Friedman!

# Meeting Notes